



CALENDULA — CALENDULA OFFICINALIS

Part used: Petals (no bracts)

Herbal action: vulnerary, anti-inflammatory, styptic, antimicrobial, cholagogue, mild antispasmodic, emmenagogue, mild diaphoretic, lymphagogue

Indications: abrasions, wounds, burns, eczema, varicosities, inflammation and irritation of the respiratory and digestive tracts, lymphadenopathy, vaginitis, urethritis, conjunctivitis



Contraindications and cautions: Calendula is contraindicated for internal usage during pregnancy due to reported emmenagogue activity.

Medicinal uses: Calendula is best known as a wound remedy. It is a styptic vulnerary that contains little tannin, with an anti-inflammatory property that makes it an effective topical remedy in the treatment of infected and poorly healing wounds, especially in sensitive skin. Its gentle activity makes it particularly suitable for pediatrics, as in diaper rash and skinned knees. But before relegating calendula to only such conditions, it is wise to remember just how valuable a topical remedy calendula was considered in the past. It has historically been used for even dramatic wounds such as healing bullet wounds and as a local application to heal surgical wounds and prevent gangrene and tetanus.

This is an excerpt of our full plant monograph
which is available to members of the Herbal
Village