

Wild Rose College of Herbal Medicine

Ultimate Herbal Gift Guide





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Greetings, herb folk and plant lovers — and lovers of plant lovers! Who needs inspiration for the perfect gifts for 2022?

In 2020 we released our first Ultimate Holiday Gift Guide, and y'all loved it! This year we've taken that list and given it a refresh with some new and incredible, plant loving businesses.

In this guide you will find a varied and eclectic line of botanical jewelry, glass, ceramic, prints, gift boxes, herbal remedies, plant based personal care products, and more. Along with some of our favourite local suppliers of herbs, raw ingredients, containers and packaging for those of you who are keeping things personal and local by DIY'ing your gifting this year.

Our guide is by no means exhaustive or completely comprehensive--there is an absolute abundance of wonderful businesses and brands that may not have made our "quick and dirty" seasonal compilation. (Have a book lover on your list? Support your local bookseller. You know the drill. :) If for some reason one of your favourites isn't listed here--by all means, support that business too and share with your networks and with us.

Wild Rose College prides itself on contributing to the herbal community here in Canada and out across the globe-- and what better way to do that than creating and curating this to share with and support one another. Our local makers and businesses bring so much value to our local communities - by supporting them, you make a direct positive impact on your local economy and put a smile on someone's face.

Happy Holidays,

Cherianne and the team at Wild Rose College



Wild Rose College Alumni, Staff or Student Makers



BIPOC Maker



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Gift & Subscription Boxes

Blue Jay Botanicals

PETERBOROUGH, ON

Each season, receive a box of beautifully crafted herbal products. The box features botanical goods from more than one herbalist. An info card is included describing info on the plants worked with, suggestions on how to use your botanicals and fun tidbits of herbal wisdom.

www.bluejaybotanicals.com/herbal-subscription-box
Instagram @bluejaybotanicals

Indigenous Box

EDMONTON, AB



They make it really easy to discover Indigenous businesses. Sign up for a seasonal subscription, design your own box or shop their gift collections.

www.indigenousbox.ca
Instagram @indigenousbox

Senses of the Soul

COCHRANE, AB



Plant Spirit Oracle Cards, Soul Journey Boxes: Sacred Space, Empowered Feminine, Awakened Masculine and Individual Soul Journey

sensesofthesoul.ca



Botanical Art Prints & Posters

Bubzee Art

KOOTENAYS, BC



Botanical Posters, Prints, Stickers

www.bubzeeart.com/shop

Danielle Caners - Artist/Herbalist

WINNIPEG, MB



Propagating art, ancient wisdom, nature love,
cosmic wonder and third eye nourishment.

daniellecaners.com

Instagram @daniellecaners



Botanical Art Prints & Posters

Luke Swinson Art

KITCHENER, ON



Luke Swinson is a visual artist with Anishinaabe roots from Kitchener, Ontario. A member of the Mississaugas of Scugog Island First Nation, Luke’s work reflects his desire to better understand and reclaim his Indigenous culture. He seeks to promote cultural education and preservation through his art projects.

lukeswinsonart.com
Instagram: @lukeswinsonart

Merakilabbe

ONTARIO



Mystical paintings for personal + planetary healing by artist Vanja Vukelic

www.merakilabbe.com
Instagram @merakilabbe



Botanical Art Prints & Posters

Sarah Graham (ohemsarahgee)

OTTAWA VALLEY, ON



The most adorable and whimsical mushroom doodles. Prints, stickers, books, shirts & hoodies.

Print Shop:

www.etsy.com/shop/ohemsarahgee

Clothing Shop:

www.bonfire.com/store/merch-by-sarah-g/

Instagram @ohemsarahgee

Stephanie Gallant Art

MONTREAL, QC



Vibrantly-detailed watercolours of botanicals + nature.

www.stephaniegallantart.ca

Instagram @smvg.art



Botanical Jewellery

Franky Rose

PENTICTON, BC



Inspired by nature, with an elegant yet bohemian twist. All of our clay pieces are handmade with love in the Okanagan Valley.

www.frankyrose.com/copy-of-new
Instagram @frankyrosejewellery

Indi City

NORTHERN SASKATCHEWAN

by Alexandra Manitopyes and Angel Aubichon (Peepekisis Cree) from the Flying Dust First Nation in Northern Saskatchewan. Contemporary Indigenous fashion for everyone to wear.

www.indicity.ca
Instagram @indie_city

Kisii Handmade

Reena's work examines themes of hope, resiliency and interconnectedness, often explored through symbols of nature. As a chemo patient, she donates partial proceeds of her sales to advance tumour research.

www.kisii.ca
Instagram: @reenmakes

North Star Silver Co.

THUNDER BAY, ON

Ethical jewelry made for wild souls who sleep under the stars. All pieces are created with heartfelt intention, earth-friendly and socially responsible materials. Keep an eye on their instagram for shop updates.

northstarsilverco.com
Instagram @northstarsilver

Raw Co. Jewelry

NELSON, BC



Handmade botanical & herbal rings, necklace pendants. Foraged & Florals Collection, Alchemist's Garden, Quills/Antlers/ Bones and more.

www.rawjewelry.ca
Instagram @rawcojewelry



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Botanical Wares

Eau Clair

HAMILTON, ON

A line of jewelry, paperweights and smoking accessories casting real flowers in resin.

www.eauclaireresin.com
Instagram @eauclaireresin

Old Crow Broom Co.

TATAMAGOUCHE, NS



Hand-tied brooms for everyday ritual.

www.etsy.com/ca/shop/OldCrowBroomCo
Instagram: @oldcrowbroomco

Sarah Mulligan Glass

VICTORIA, BC

Botanically infused one of a kind blown glass “bird’s nest” bowls; glasses & drinking vessels with gold botanicals; jewelry & custom memorial glass.

www.sarahmulligan.com
Instagram @sarahmulliganglass

Sweetfern Studios

PETERBOROUGH, ON



Nature inspired stained glass, jewelry and stickers by Ashley DeBeyer. If the website stock is low, check out their stockists listed on their website.

www.sweetfernstudios.ca
Instagram: @sweetfernstudios

Wild and Woven

TORONTO, ON



Wild Woven is a collection of naturally-dyed functional homewares and accessories, ethically handmade in Canada using only natural dyes and textiles.

shopwildwoven.com
Instagram @wildwovencollection



Ceramics

Aleatha Bean

BROCKVILLE, ON



Unique and nifty handmade pots to use and love in everyday life. Aleatha Aiken-Sherrer creates one of a kind, nature inspired mugs, bowls, cups, spoon holders, and more.

www.etsy.com/ca/shop/aleathabean
Instagram: @aleathabean

DahlHaus

VANCOUVER, BC

Handmade ceramics. Heather Braun Dahl created dahlhaus out of a love of creating beautiful objects to be cherished and used in the home. Perfect for your favorite cup of herbal tea.

www.dahlhausart.com
Instagram: @dahlhausart

Funky Fungus Pottery

VICTORIA, BC



Gorgeous Handmade “Stay Wild” botanical & fungus themed ceramic mugs. Perfect for your herbalist pals, native plant & garden lovers and tea aficionados. Buy 3 Get 1 Free: use “Buy3get1”.

funkyfunguspottery.com



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Culinary

Forbes Wild Foods

TORONTO, ON

Canada's largest selection of high quality wild foods, foraged in remote regions across the country. Their specialized pickers (consisting of Indigenous people, women, youth, retirees, farmers, and professional foragers) are usually residents of rural or remote communities who respect the lands that support them.

www.wildfoods.ca

Instagram: @forbeswildfoods

Wild Muskoka Botanicals

HUNTSVILLE, ON



Artisan wild foods and cocktail mixers. Their ingredients are locally foraged in a sustainable manner, and then hand-produced on a small scale to provide high quality products made with ecological integrity.

wildmuskoka.com

Instagram: @wildmuskoka

Viva Cacao!

SLOCAN, BC



Delicious small-batch dairy-free chocolate using heirloom beans, healthy ingredients and ethically-sourced cacao. They have seriously put thought into every single one of their ingredients. Free shipping in AB and BC on orders over \$100 and \$135 for the rest of Canada.

vivacacao.ca

Instagram: @viva.cacao



Handmade Soaps

Anto Yukon

WHITEHORSE, YT



Beautiful handmade soaps. Each Bar of Soap is hand wrapped in a unique art print by Meghan Hildebrand.

antoyukon.com
Instagram @antoyukon

Natura Sophia Botanicals

VICTORIA, BC

Gorgeous handcrafted herbal soaps by Medical Herbalist, Sophia.

www.naturasophia.ca
Instagram @natura.sophia

Yukon Soaps

MAYO, YT

Handcrafted Indigenous Soaps & Self Care. Indigenous artisan soap bars, essential oil blends, bath and body oils. Free Shipping over 75\$.

yukonsoaps.com
Instagram @yukonsoapcompany

Hollyberry Soaps

CALGARY, AB



Thoughtfully created skincare with truly natural ingredients that will make your skin and body radiate a healthy glow inside and out. Items are made in micro batches using plant power provided by the beautiful Mother Earth.

www.hollyberrysoaps.com
Instagram: @hollyberrysoaps

Sarah's Soaps

ST CATHERINES, ON

Soulfully crafted skincare for ALL bodies. Made from nourishing plant based ingredients, using the finest blends of wild harvested herbs + botanicals, essential oils, oils + butters, waxes and clays to create products that are functional, simple + effective.

www.sarahssoaps.ca
Instagram: @sarahssoaps



Herbal Potions, Teas and Tinctures

Hollow Reed Healing Arts

WINNIPEG, MB

Specialty tea blends, mushroom extracts, loose herbs, essential oils and more. Free shipping above \$150.

www.hollowreedholistic.ca

The New New Age

OTTER RIVER VALLEY, ON

A medicinal herb farm and nature sanctuary where they grow, forage and produce transcendent, healing herbal products.

thenewnewage.com

Instagram @thenewnewage

Path of a Greenthumb

TORONTO, ON

Herbal salves, tinctures, candles, oils, solid perfume and flower essences made in small batches with love and intention.

www.pathofagreenthumb.com

Instagram: @path_of_a_green_thumb

Ruby's Healing Garden

ALBERTA

Local, handcrafted, botanical skin care remedies: Lip balm, bath salts, bath & body oils, facial serums and more.

www.rubyshealinggarden.com

Instagram: @rubys.healing.garden.selfcare

Wild Bloom Botanicals

EDMONTON, AB

Specializing in alcohol-free tinctures & more using organic herbs from local farmers in Canada. WRC student & Founder Alicia is a certified Holistic Nutritionist and Herbalist passionate about holistic health.

wildbloombotanicals.com

Instagram @wildbloom.botanicals

Xálish Earth Medicines

VANCOUVER ISLAND, BC



Reawakening our inherent Connection to Mama Earth & Ourselves

www.xalishmedicines.com/shop

Instagram @among_the_wildflowerss



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Skin + Body Care

Boreal Folk

BC

Botanical skincare goods inspired by Canada’s wilderness. Inspired by native plant species as well as local raw ingredients and thrive to create a regionally made & sourced product. Handmade in a mobile wilderness lab. Free Shipping within Canada 125\$+.

www.borealfolk.ca
Instagram @borealfolk

Communion Botanicals

NELSON, BC

Consciously created botanical skincare inspired by the potency of daily ritual. Herbalist Formulated. Free shipping over 150\$ in Canada.

www.communionbotanicals.ca
Instagram @communionbotanicals

Essentials by TEMI

TORONTO, ON

Skincare products with organic plant-based ingredients. Handmade with love. Free shipping when you spend \$100 CAD.

www.essentialsbytemi.com
Instagram @essentialsbytemi

Omismaw Wellness

FORT MCMURRAY, AB

Traditional healing & plant based products from the northern boreal forest.

omismawwellness.com
Instagram @omismawwellness

Prairie Potions

WINNIPEG, MB

All Natural Handmade Skin + Body Care. All products are vegan and cruelty-free certified.

prairiepotions.ca
Instagram @prairiepotions





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..... | Skin + Body Care |

 **Skwálwen Botanicals**

UNCEDED TERRITORIES OF THE SKWXWU7MESH (SQUAMISH) FIRST NATION



Founded by ethnobotanist Leigh Joseph of Squamish First Nation, Skwálwen (squallwin) offers skincare experiences grounded in the natural world. Honouring cultural knowledge, Indigenous plant science and self-care, we unite ancestral traditions with modern beauty rituals.

skwalwen.com
Instagram: @skwalwenbotanicals

Sweet Spirit Apothecary

MANITOBA

Sweet Spirit products are of the earth, and the trees, and the sea, and contain no synthetic or harmful ingredients. Free Shipping Canada 200\$+.

www.sweetspiritapothecary.com
Instagram @sweetspiritapothecary

 **Wild Medicinals**

PETERBOROUGH, ON

Herbal skincare formulated to support your health and wellbeing, inside and out. Free shipping on orders over \$125 CAD. Use code FREESHIPPING at checkout.

www.wildmedicinals.ca
Instagram: @wildmedicinals

 **Wild Roses Apothecary**

EDMONTON, AB



Plant based potions, teas, skin & body care products, balms, smoke mixes and more. Herbalist owned and formulated. Free shipping 150\$+ Canada wide.

www.wildrosesapothecary.com
Instagram @laurenmaryholistics



Bulk Herbs and Apothecaries

Apotheka

VICTORIA, BC

Located on Vancouver Island, Apotheka Herbal Boutique’s team of Medical Herbalists offer custom dry tea blends, tinctures, hand-mixed creams & integrative health consultations.

apothekaherbal.ca
Instagram @apothekaherbal

Cedar Hill Herbs

FALKLAND, BC

A family run business created in 2015 with a vision of providing sustainable, organically grown and ethically wildcrafted herbs. As well as bulk herbs grown in our gardens, we have created a line of herbal tea blends and offer custom formulations based on your energetics and needs.

cedarhillherbs.com
Instagram @cedarhillherbs

Chickadee Farm Herbs

FLATBUSH, AB

Locally grown high quality medicinal herbs and tea blends.

chickadeefarmherbs.ca

Emery Herbs Apothecary & Botanical Dispensary

WINLAW, BC

Locally grown & ethically sourced high quality medicinal herbs, single tinctures & blends; essential oils and more.

emeryherbals.com
Instagram @emeryherbals

Foggy River Farm

UXBRIDGE, ON

Small-scale regenerative herb farm. Their herbs are grown with respect for our surrounding ecosystem, hand-harvested at peak potency, and carefully processed to preserve their flavour and function. \$10 Shipping on orders over \$50 CAD.

www.foggyriverfarm.com
Instagram: @foggyriverfarm

Herbal Healing

CALGARY, AB

Loose herbs, essential oils, herbal tinctures (single & blends), balms and more.

www.herbalhealinginc.com
Instagram @herbalhealingab





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Bulk Herbs and Apothecaries

Kolya Pure Skin Care & Botanicals Apothecary

EDMONTON, AB

Loose herbs, essential oils, hydrosols, carrier oils, butters, waxes, containers and more. Free shipping 59\$+

shop.kolyanaturals.com

Instagram @kolyanaturals

Les Mauvaises Herbes

QUEBEC

Women founded, Quebec based brand. They sell dried herbs, bulk herbal oils, essential oils etc and lots of zero waste goodies for home.

les-mauvaisesherb.com

Instagram @lestrappeuses

Little Piece of Paradise Farm

WINLAW, BC



Certified organic herbs grown and dried on a small scale, regenerative family farm. Shop their dried herbs, herbal teas and mixes.

www.pieceofparadisefarm.ca

Instagram: @pieceofparadisefarm



Perfect Herbs

TORONTO, ON

High quality bulk herbs, and custom tincture blends.

perfectherbs.ca

Instagram: @perfect_herbs

Ravensong Seeds & Herbals

COMOX VALLEY, VANCOUVER ISLAND, BC

Medicinal Herb Seeds, Single Herbs & Blended Tinctures, Smudges, Salves & Topicals, Gift Cards and more.

ravensongherbals.com

Instagram @ravensongherbals



Essential Oils, Blends & Hydrosols

Aliksir Essential Oils

QUEBEC

High quality, organic essential oil (+hydrosols and more) brand based in Quebec. They include a chromatography report for each batch of e.o.'s they sell! Free shipping to Canada on orders of 100\$ or more / 10% off orders over 200\$

aliksir.com/en/

Lochland Botanicals

MILTON, ON



Locally grown herbs, hand picked and distilled onsite. Check out their hydrosols: Lavender, Lemon Balm, Yarrow, Spearmint and more!

lochlandbotanicals.com/shop/
Instagram: @lochlandbotanicals

Thght Snctry

COLLINGWOOD, ON



High-design ritual, spiritual and meditation goods. Harnessing the magic of nature, they infuse organic + wild plant essences, crystal energetics + biodynamic jojoba to create super groovy oils. Free Shipping in Canada over \$85

thghtsnctry.co
Instagram @thghtsnctry



Containers, Bottles & Packaging

Cosmo Packaging

CHEMAINUS, BC



Package and label design, kits, dropper bottles, misters, jars, roll-ons, and everything a herbal maker needs. Shop online or visit Clair in person.

cosmopackaging.ca

Oshun Supply Inc.

SALMON ARM, BC

Wide selection of glass, metal and plastic containers of all sizes.

www.oshun.bc.ca

Kolya Pure Skin Care & Botanicals Apothecary

EDMONTON, AB



A huge variety of containers-amber & clear bottles, dropper bottles, spray bottles, tins, balm & cream jars, roller bottles, foaming hand soap dispensers and more. From small to large quantities. Free shipping 59\$ +.

shop.kolyanaturals.com/collections/containers-equipment-diy-botanicals
Instagram @kolyanaturals

Richards Packaging

LOCATIONS ACROSS CANADA: EDMONTON, CALGARY, VANCOUVER, MONTREAL, DARTMOUTH AND MORE.

Extensive line of packaging; bottles, jars, containers. Larger Quantities.

www.richardspackaging.com/en/home.html



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Containers, Bottles & Packaging

Voyageur Soap & Candle Company

SURREY, BC

Containers, Packaging, Kits & Bases, Body & Soap Supplies. Order from Canada & the US.

www.voyageursoapandcandle.com

Instagram @voyageursoap

Affordable Packaging & Shipping

Slotbox

VICTORIA, BC

The thin box that fits into Canada's Post. Lowest cost shipping options for small makers-makes shipping small items and small quantities practical and affordable. Trial packages available.

www.theslotbox.com

Instagram @theslotboxcanada

